

Supplementary Table 3. BP variability indices calculated from ambulatory BP profiles

Standard deviation (SD)

$$SD = \sqrt{\frac{1}{N-1} \sum_{k=1}^N (BP_{k=1} - \overline{BP})^2}$$

N = number of valid BP measurements
 (BP) = average of ABPM readings

Weighted SD (wSD)

$$wSD = \frac{(\text{daytime SD} \times \text{daytime hr}) + (\text{nighttime SD} \times \text{nighttime hr})}{(24 \text{ hour period})}$$

Average real variability (ARV)

$$ARV = \frac{1}{N-1} \sum_{k=1}^{N-1} |BP_{k=1} - BP_k|;$$

N = number of valid BP measurements
 BP_k = BP at measurement number k