

Supplementary Table 2. Baseline characteristics of the participants according to diastolic blood pressure

Variable	DBP (mmHg)				
	<70 (n = 727)	70–79 (n = 2,180)	80–89 (n = 2,405)	90–99 (n = 1,450)	≥100 (n = 581)
Age (yr)	48.2 ± 7.8	50.3 ± 8.4	51.3 ± 8.6	53.5 ± 8.7	53.6 ± 8.4
Female sex	531 (73.0)	1,208 (55.4)	1,121 (46.6)	637 (43.9)	239 (41.1)
SBP (mmHg)	101.6 ± 10.0	112.2 ± 9.8	122.3 ± 10.7	134.8 ± 12.2	152.2 ± 15.0
DBP (mmHg)	63.6 ± 4.0	73.3 ± 3.0	82.7 ± 3.0	92.1 ± 2.7	104.2 ± 5.9
Body mass index (kg/m ²)	23.3 ± 2.9	23.9 ± 2.8	24.5 ± 3.0	25.0 ± 3.2	25.5 ± 3.2
Education					
Low	169 (23.3)	566 (26.2)	738 (30.9)	568 (39.6)	238 (41.5)
Intermediate	161 (22.2)	516 (23.9)	548 (22.9)	333 (23.2)	127 (22.1)
High	394 (54.4)	1,076 (49.9)	1,106 (46.2)	533 (37.2)	209 (36.4)
Income					
Low	154 (21.5)	612 (28.5)	786 (33.3)	577 (40.7)	236 (41.5)
Intermediate	195 (27.2)	662 (30.9)	735 (31.2)	398 (28.1)	164 (28.8)
High	367 (51.3)	871 (40.6)	837 (35.5)	442 (31.2)	169 (29.7)
Married	720 (99.2)	2,134 (98.6)	2,362 (98.7)	1,419 (98.9)	567 (98.4)
Smoking					
Never	527 (72.5)	1,346 (61.7)	1,320 (54.9)	789 (54.4)	302 (52.0)
Former	56 (7.7)	283 (13.0)	401 (16.7)	265 (18.3)	108 (18.6)
Current	144 (19.8)	551 (25.3)	684 (28.4)	396 (27.3)	171 (29.4)
Diabetes mellitus	26 (3.6)	114 (5.2)	129 (5.4)	79 (5.4)	30 (5.2)
Dyslipidemia	13 (1.8)	46 (2.1)	45 (1.9)	36 (2.5)	10 (1.7)
Fasting glucose (mg/dL)	82.6 ± 18.0	85.0 ± 19.8	86.7 ± 18.1	88.3 ± 22.7	90.0 ± 22.7
Creatinine (mg/dL)	0.8 ± 0.1	0.8 ± 0.2	0.8 ± 0.2	0.8 ± 0.2	0.9 ± 0.2
eGFR (mL/min/1.73 m ²)	96.7 ± 12.8	94.1 ± 13.0	93.6 ± 13.1	91.6 ± 12.6	91.4 ± 13.0
Total cholesterol (mg/dL)	182.0 ± 31.0	187.0 ± 34.3	190.5 ± 34.4	193.8 ± 36.2	195.8 ± 36.7
Triglycerides (mg/dL)	127.6 ± 67.8	144.7 ± 87.8	160.6 ± 102.8	178.5 ± 121.9	185.8 ± 116.8
HDL-C (mg/dL)	45.9 ± 10.1	45.0 ± 9.9	44.6 ± 9.8	44.8 ± 10.4	45.0 ± 10.4
LDL-C (mg/dL)	110.6 ± 29.0	113.2 ± 31.8	114.1 ± 32.0	114.3 ± 33.5	113.8 ± 34.3
Albumin (g/dL)	4.2 ± 0.3	4.2 ± 0.3	4.3 ± 0.3	4.3 ± 0.3	4.3 ± 0.3
Hemoglobin (g/dL)	12.8 ± 1.5	13.4 ± 1.5	13.7 ± 1.6	13.9 ± 1.6	14.1 ± 1.5

Data are expressed as counts (%) for categorical variables and means ± standard deviations for continuous variables.

DBP, diastolic blood pressure; eGFR, estimated glomerular filtration rate; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; SBP, systolic blood pressure.